

Terms of Reference for Finalization of Best Practice Guide on OPD strengthening

The consultant reports to: ("Manager")	Mita Rani Roy Chowdhury Regional Mental Health Advisor Asia, CBM Global Disability Inclusion
Name of consultant: ("Consultant")	
Description of consultancy	To consolidate and finalize the Organizations of Persons with Disabilities (OPD) best practice guide and draft a report on OPD strengthening in Bangladesh, Indonesia, Laos, Nepal, and the Philippines.

1. Background and rationale

CBM Global is an international development organisation committed to improving the quality of life of persons with disabilities in the poorest countries of the world. CBM Global's Federation Strategy 2018- 2023 commits to placing Disability Inclusive Development at the heart of CBM Global's work, the central drive of which is to address transformative change in structures, systems and attitudes to bring about an improved quality of life for persons with disabilities living in poverty, their families and their communities.

The Inclusion of Persons with Disabilities and strengthening their voices is an integral part of the work of the Community Mental Health Thematic Team. This ensures their meaningful participation and inclusion of persons with psychosocial disabilities in the society equally with others by eliminating systematic barriers and strengthening support systems within their communities.

The United Nations Convention on the Right of Persons with Disabilities (UNCRPD) was adopted in the year 2006. Article 1 states that the purpose of the Convention is to protect, promote and ensure the full enjoyment of all human rights and fundamental freedoms by all persons with disabilities and to promote for their inherent dignity.

The General Comment No 7 of the CRPD Committee on the participation of persons with disabilities, including children with disabilities, through their representative organizations, in the implementation and monitoring of the Convention lays down the fundamental principles on the meaningful participation it recognizes the fact that Persons with disabilities were fully involved and played a decisive role in the negotiation, development and drafting of the CRPD.

The close consultation and active involvement of persons with disabilities, through their representative organizations and their partners, had a positive impact on the quality of the Convention and its relevance for such persons.

It also showed the force, influence, and potential of persons with disabilities, which resulted in a ground-breaking human rights treaty and established the human rights model of disability. The effective and meaningful participation of persons with disabilities is thus at the heart of the Convention this is consistent with the human rights-based approach in public decision-making processes and ensures good governance and social accountability.

The adoption of Agenda 2030 and the Sustainable Development Goals (SDGs) has been promising for the disability sector overall, but with a strong focus on mental health, there is ambiguity on what this could mean for the inclusion of persons with psychosocial disabilities. It is critical that persons with psychosocial disability get involved to promote a CRPD compliant perspective on SDGs implementation and use the SDGs momentum to further implement the Convention. The World Health Organization has also developed the WHO Quality Rights initiative whose main goal is to change mindsets and practices sustainably and empower all stakeholders to promote rights and recovery to improve the lives of people with psychosocial, intellectual or cognitive disabilities everywhere. This lays down the foundation of how to implement a human rights and recovery approach in mental health in line with the UN Convention on the Rights of Persons with Disabilities and other international human rights standards.

Since 2020 CBM Global has been implementing an OPD Strengthening program in Bangladesh, Indonesia, Laos, Nepal, and the Philippines. The main objective of the program is to strengthen the institutional and programmatic capacity of organizations of persons with psychosocial disabilities and mental health conditions in these five countries. The main area of focus has been an introduction to mental health, the CRPD, Agenda 2030 and the SDGs, Disability Inclusive Development, the WHO Quality Rights, and relevant country law or policies linked to Psychosocial disability. As part of institutional development, the program has enhanced the institutional capacity of OPDs by focusing on organization policies, fundraising, and other important aspects like safeguarding.

CBM Global has been facilitating the strengthening of national organisations working in mental health advocacy and programmes and enable stronger links between the various actors working in this area – particularly the central role of people affected themselves in national advocacy and programming.

2. Purpose and Deliverables:

The purpose of this consultancy is to:

To consolidate the draft findings of the OPD strengthening reports in Bangladesh, Indonesia, Laos, Nepal, and the Philippines into a best practice guide for the thematic area of Community Mental Health (CMH).

The objective of this consultancy will be:

1. To Develop a final report on the OPD strengthening work in the five focus countries.
2. To finalize and consolidate a best practice guide on OPD Strengthening, using co-production methods with the participating OPDs and national partners.

3. Deliverables

1. Final report on OPD strengthening completed and finalized.
2. Best practice guide on OPD strengthening developed in the style of CBM's good practice guide template.

4. Scope

CBM Global will provide the consultant with:

- Access to the draft report on OPD Strengthening in five countries in Asia.
- Access to CBM partners and consultants involved in the OPD strengthening project in all the five countries for input/and feedback. Access to Technical Area Technical Team for periodic updates and feedback
- Access to the sample of CBM's good practices guide and other relevant resources that will support in the task's completion.

5. Timeframe and duration

CBM Global expects this consultancy to be delivered over a maximum of 18 working days over one and a half months, at latest by 15th of October 2022.

6. Place/ location of service delivered

The Consultant will provide remotely this service to CBM Global under national contract either in Bangladesh, Indonesia, Laos, Nepal, or the Philippines.

There will be no local or international travel for this project.

7. Required Expert Profile

- Strong report writing skills prior experience in writing reports for International Development Partners in disability will be an added advantage.
- Experience in writing using co-production methods
- Experience and expertise in mental health, disability inclusion and Agenda 2030 and SDGs.
- Expertise in disability and human rights instruments, specifically the UNCRPD and WHO QualityRights Initiative.
- Experience in Disability Inclusive Development.

8. Payment schedule

The payment will be made based on approved invoices in accordance with CBM Global's specifications (**see the CBM Global Consultancy Invoice Information**).

The consultancy rate is agreed as follows:

The daily rate is 120-200 EUROS based on the candidate's expertise profile (inclusive of VAT) for a maximum of 18 days.

The Payments will be paid as following:

- 50% to be paid upon initial signing of the contract.
- 50% to be paid upon completion of the contract.

9. Compliance with CBM Global policies

All consultants are required to sign and be bound by CBM Global code of conduct for consultants and CBM Global Safeguarding Policy and Behaviour Code and CBM Accessibility Policy. CBM Global will provide these documents upon contracting.

CBM Global Disability Inclusion

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