

Terms of Reference

Facilitation of Quality Rights Training of Trainers in Nepal

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| The consultant reports to: ("Manager") | Sucelle Deacosta Sucelle.Deacosta@cbm-global.org CBM Global Disability Inclusion |
| Name of consultant: ("Consultant") | |
| Description of consultancy | Facilitation of the four days Training of Trainers training on WHO QualityRights in Nepal. |

1. Background and rationale

CBM Global is an international development organisation committed to improving the quality of life of people with disabilities by supporting government service systems, promoting disability inclusion, and reinforcing the rights in light of UNCRPD, country laws, and policies. People with psychosocial disabilities are one of under representative disability groups, have historically, and continue to be subject to exclusion, deprivation, and often significant human rights abuses. They have not been considered enough to have a voice in matters that affect them, and the services and support they deserve are often far worse in quality, including health and recovery approaches.

The World Health Organization (WHO)'s QualityRights (QR) initiative has developed a comprehensive package to build capacity among mental health practitioners, people with psychosocial, intellectual and cognitive disabilities, people using mental health services, families, care partners and other supporters, nongovernmental organisations, organisations of persons with disabilities and others on how to implement a human rights and recovery approach in the area of mental health in line with the UN Convention on the Rights of Persons with Disabilities and other international human rights standards. The training on the Quality Rights comprehensive package helps to change mindsets and practices sustainably and empower all stakeholders to promote rights and recovery to improve the lives of people with psychosocial, intellectual or cognitive disabilities everywhere. CBM Global has long-standing partnered with the WHO to develop the QualityRights initiative through technical and financial support. The organization is mandated to roll out the QR training in Nepal in collaboration with respective mental health of focal unit, Department of Health Service, Minister of Health and Population and WHO Nepal.

CBM Global Nepal has taken the initiative organising four days of training of trainers (ToT) on Quality Rights for the relevant professionals such as Project Partner staff, Academia, members of the Organization of People with Disabilities (OPD), members of National Human Rights Commission, policy makers of Government Health System, Mental Health professionals, Disability Advocates, etc. involved either in services and or movements linked to psychosocial disability in Nepal.

The training will help to develop a pool of professionals, who can later on, either provide training to the service providers and project staff on QualityRights in Nepal, may contribute to national or local level policy implementation, raise awareness among cross OPDs on the rights of the people with psychosocial disabilities involved in the project areas and beyond, and reinforce person centred human rights-based recovery approach throughout the health and other Government systems.

2. Purpose and Deliverables:

The purpose of this consultancy is to:

To facilitate 'Training of Trainers'(ToT) training on the comprehensive package of WHO QualityRights (core training, specialized training, service transformation including QualityRights assessment toolkit).

The objective of this consultancy will be:

1. To facilitate four days QualityRights ToT in English and/or Nepali in Kathmandu, Nepal.
2. To submit a final report on the change in knowledge and attitudes of the training participants following the training.

3. Deliverables

1. Four days face to face training.
2. Final report of the training, including pre-post training evaluation results and pictures.
3. Develop training materials, tools, and handouts used in training.

4. Scope

CBM Global will provide the consultant the following:

- Air ticket costs for the lead facilitator
- Co-facilitator will be CBM Global in-house member and OPD partners.
- All the event's related logistic requirements including accommodation.
- Training will be residential and costs covered if required.
- Facilitation aid/ materials (e.g. multimedia projector, VIPP cards, Sticky Notes, Poster, Marker, Handouts etc.) as requirements provided by the facilitator.

5. Timeframe and duration

CBM Global expects this consultancy to be delivered over a maximum of 8 (1 day preparation, 4 days training, 2-day travel, and 1 day report writing) working days over one and a half months, at the latest by December 2023.

6. Place/ location of service delivered

The Consultant will work from home for preparation and training report writing. However, for facilitation, the consultant needs to travel to Kathmandu, Nepal, for full four days of training.

7. Required Expert Profile

- Proven expertise in UNCRPD, WHO QualityRights, and Mental Health.
- Strong international and inclusive training facilitation skills
- Knowledge about south Asian context particularly on mental health and disability rights movement, preferably Nepalese contexts.
- At least one similar training facilitation experience at ToT level.
- Experience in applying/working on QualityRights Assessment Toolkit.

8. Payment schedule

The payment will be made based on approved invoices following CBM Global's specifications.

The payment will be made directly from CBM Global secretariat.

The consultancy fee rate proposed as follows:

Daily rate of EURO XX (exclusive of VAT) for a maximum 8 days.

The Payments will be paid as following:

- 10% to be paid upon initial signing of contract = XX EURO
- 90% to be paid in after the report submission = XX EURO

The budget ceiling for this work is **XX EURO only**.

The daily rate agreed will be based on the candidate's expertise profile and experience. Please propose a rate on application.

9. Compliance with CBM Global policies

All consultants are required to sign and be bound by the CBM Global Code of Conduct for Consultants and CBM Global Safeguarding Policy and Behaviour Code, and CBM Accessibility Policy. CBM Global will provide these documents upon contracting